

The Essential 100

A Bible overview plan for 2011-2012

The Essential 100 (E100) is a systematic approach that guides readers through the big picture of the Bible. It is a carefully selected list of short Bible passages—50 from the Old Testament and 50 from the New Testament. Each testament is broken up into ten, five-week series. We will move from Old to New Testaments every five weeks. My goal is to teach three of the five lessons in every series.

The E100 in Sunday school: We will REAP (read, explain, apply, and personalize) one passage each week and finish a series every five weeks. Each lesson will include a key verse for memorization. At the end of two years, we will have covered the essential 100 passages in the Bible.

Additional information: To learn more about The E100 program and to obtain additional resources, visit e100challenge.com. Our Sunday school website is stuartheights.org/sundayschool.

The Schedule: The Miracles of Jesus

This is our third five-week series in the New Testament. So far, we have looked at The Early Years of Jesus and The Teachings of Jesus. Now we shift to The Miracles of Jesus.

Date	Lesson	Key Verse(s)	Passage	Speaker
July 3	Feeding the Five Thousand	Luke 9:16-17	Luke 9:1-36	Jim Fleming
July 10	Walking on Water	Matthew 14:31-33	Matthew 14:22-36	Jim Fleming
July 17	Healing a Blind Man	John 9:6-7	John 9:1-41	Jim Fleming
July 24	Healing a Demon-Possessed Man	Mark 5:18-20	Mark 5:1-20	Terry Bolden
July 31	Raising Lazarus from the Dead	John 11:43-44	John 11:1-57	Jim Fleming

Series Preview

Why did Jesus perform miracles? **John 20:30-31: And truly Jesus did many other signs in the presence of His disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.** Jesus did miracles to help us believe in Him so that we could have _____. He did miracles for us.

The Miracles of Jesus: Feeding the Five Thousand

Review

Jesus came to restore a relationship between God and man that was created in **Genesis 1** and ruined in **Genesis 3**. When we listen to Jesus' teachings, remember that He came to restore relationships to their proper place. Jesus, however, was on a very specific timetable and was not in a hurry.

Key thought: Reflection is a significant input to a long obedience in the same direction of sharing Christ

Preview: 3-D Miracles

Jesus distributes miracle-power to the disciples in the sending, He demonstrates miracle-power in the feeding, and He displays a miracle in the change. It is all about Jesus.

Read & Explain (What does it mean?): Luke 9:1-36 (Author = Luke)

Sending Out the Twelve

6 So they departed and went through the towns, preaching the gospel [to bring _____ news]

Feeding the Five Thousand

10 And the apostles [they were sent with _____]

11 But when the multitudes knew it, they followed Him [Jesus was _____ with the people]

11 and He received them and spoke to them about the kingdom of God, and healed those who had need of healing [the apostles got their power from Jesus; Jesus got His power from _____]

16 He blessed and broke them [Jesus gave thanks _____ and broke the food _____]

23 let him deny himself [to _____ one's self, lose sight of one's self and one's own interests]

Jesus Transfigured on the Mount

29 As He prayed, the appearance of His face was altered [literally, '_____']

29 His robe became white and glistening [to flash out like lightning—think, _____]

32 they saw His glory [the curtain of _____ was pulled back to display the glory of God]

Apply (What is the point?)

1. The best way to expand God's Kingdom is to _____ it away
2. Contemplation/meditation/reflection/consideration/deliberation is a good thing
3. God will _____

Personalize (What do I do with that?)

1. Give away life
2. Spend time reflecting on what God has done for you
3. _____ the journey with God

The Miracles of Jesus: Walking on Water

Preview: Waverunners

Some think that becoming a Christian exempts them from life's problems. Unfortunately, that is not true. However, no matter how bad things get, God never abandons His own. Last week we saw that Jesus provided provision for the journey, food for times of rest, and protection in the afterlife. This week we see that Jesus provided companionship in the storm and comfort from the sickness.

Key thought: Jesus is faithful even when we are not, so stay focused on _____ and His Word

Read & Explain (What does it mean?): Matthew 14:22-36 (Author = Matthew)

Jesus Walks on the Sea

22 Immediately Jesus made His disciples get into the boat [Last week we looked at the feeding of the five thousand and this week's miracle takes place immediately after that (the _____ day, in fact)] **and go before Him to the other side, while He** [Jesus] **sent the multitudes away. 23 And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening** [specific word for __ pm – __ pm] **came, He was alone there. 24 But the boat was now in the middle of the sea, tossed** [harassed, distressed] **by the waves, for the wind was contrary** [against, opposite, hostile, antagonistic, an opponent].

25 Now in the fourth watch of the night [specific word for __ am – __ am] **Jesus went to them, walking on the sea. 26 And when the disciples saw Him walking on the sea, [Job 9:1-24: Job says the only one that can walk on water is _____] they were troubled** [agitated, troubled (because the movement of the parts of a thing are going back and forth), inward commotion, removed of calmness of mind, disturbed, disquieted, restless, stirred up, anxious, distressed, perplexed], **saying, "It is a ghost [phantasma: appearance, an apparition, specter]!" And they cried out for fear** [fear, dread, terror, that which strikes terror].

27 But immediately Jesus spoke to them, saying, "Be of good cheer [an imperative to be of good courage]! **It is I** [literally, _____]; **do not be afraid** [an imperative]."

28 And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water."

29 So He said, "Come [an imperative]." **And when Peter had come down out of the boat** [John Ortberg: *If You Want to Walk on Water, You've Got to Get Out of the Boat*], **he walked on the water to go to Jesus. 30 But when he saw that the wind was boisterous** [strong, mighty, strong, violent, forcibly uttered, firm—Peter took his _____ off Jesus], **he was afraid; and beginning to sink [Adam Clarke: It was by faith in the power of Christ he was upheld. . . It was not the violence of the winds, nor the raging of the waves, which endangered his life, but his littleness of faith] he cried out, saying, "Lord, save me!"** [An imperative: to save, keep safe and sound, to rescue from danger or destruction, save

from suffering, save from perishing. **Bruce: It is one thing to see a storm from the deck of a stout ship, another to see it in the midst of the waves]**

31 And immediately Jesus stretched out His hand and caught [to take in addition, to lay hold of, take possession of, overtake, attain, attain to, to lay hold of or to seize upon anything with the hands, to take hold of, lay hold of] **him, and said to him, “O you of little faith, why did you doubt** [doubt, waiver, the root word means, ‘ _____’]?” **32 And when they got into the boat, the wind ceased** [to grow weary or _____, to cease from violence, cease raging].

33 Then those who were in the boat came and worshiped [to kiss the hand to (towards) one, in token of reverence] **Him, saying, “Truly** [truly, of a truth, in reality, most certainly] **You are the Son of God.”**

Many Touch Him and Are Made Well

34 When they had crossed over, they came to the land of Gennesaret. 35 And when the men of that place recognized Him, they sent out into all that surrounding region [increased faith causes increased _____ for the One you have faith in (i.e., the disciples got busy)], **brought to Him all who were sick** [miserable, to be ill], **36 and begged Him that they might only touch the hem** [in the New Testament a little tassel hanging down from the edge of a garment, made of twisted wool] **of His garment. And as many as touched it were made perfectly well** [to preserve through danger, to bring safely through (to save, i.e. cure one who is sick, bring him through); to save, keep from perishing; to save out of danger, rescue. **Coffman: He needed no staff, as did Moses; he needed no mantle, as Elijah; he required no instrument except himself. His word alone cast out demons, stilled the tempest, changed the water into wine, and raised the dead!].**

Challenge: Problems are our opportunities to get out the boat and follow Jesus.

Apply (What is the point?)

1. The _____ is when we show our allegiance
2. God will _____

Personalize (What do I do with that?)

1. Build up a pattern of obedience before the storm so that _____ storms come, my habit is focusing on Jesus and His Word
2. _____ the journey with God

The Miracles of Jesus: Healing a Blind Man

Last week this message was preached by Gary and Brian in our Sunday morning services. Since many of us heard that message, I am going to spend a lot of time today answering questions that were posed about that text. Feel free to interrupt me today while I am teaching to ask questions.

Preview: I See What You Mean

After hearing about the miraculous healing of a blind man ([John 9:6-7](#)), the disciples tried to over-analyze the blind man's predicament ([John 9:1-2](#)). However, in the midst of all the arguing, the blind man had the clearest insight of all. He started with a basic understanding of the facts ([John 9:11, 25](#)) and formed an opinion about Jesus ([John 9:17](#)) but finally made a decision to believe ([John 9:38](#)), in spite of the consequences ([John 9:34](#)). That is a good description of how to become a Christian.

Key thought: Religious _____ is blinding

Read & Explain (What does it mean?): John 9 (Author = John)

A Man Born Blind Receives Sight

1 John 8 talks about the fact that Jesus had just left the temple, so we can assume He is still close

2 Hopefully the blind man could not _____ this question

3 Am I willing to be physically impaired so that the glory of God can be evident in my life?

4 I must [the word for necessary] **work** [labor, work, make gains by doing business, work out, exercise, perform, produce, work for, earn by working, acquire] **the works** [business, employment] **of Him who sent Me while it is day**

4 What does this, 'night,' refer to?

4 Jesus is saying that He is the only one that can accomplish what He was sent to do—we can't work our way to heaven, but _____ can work our way to heaven

6 Albert Whiting: Adam was made from dirt and was blind. Jesus healed the man by using dirt so he could see, not only physically but also spiritually.

6 Jesus got _____ involved

7 Where was this pool? Just southeast of Jerusalem (probably less than half a mile from where they were standing—_____ can show you)

7 Giving sight to the blind is a work of God alone ([Psalm 146:8](#)) and is a sign of the Messiah ([Isaiah 35:5](#))

13 Pharisees [enemies of Jesus and Jesus' cause who were focused on outward piety and not inward obedience—they serve as a warning to us all not to fall in love with our own applications of Scripture]

16 He does not keep the Sabbath [They were missing the Creator because of misinterpretation of the Creator's rules—the Old Testament does _____ prohibit what Jesus did]

21 Did the blind man's parents become believers?

22 put out of the synagogue [What does put out of the synagogue mean? _____]

23 Were his parents kicked out of the synagogue? _____

34 The People's New Testament: This miracle was officially investigated by the enemies of Christ, and they were compelled to admit it. The judicial investigation showed that he was born blind, that he was cured, and that Jesus gave him sight.

38 "Lord, I believe!" And he worshiped Him. [Does the man remain a disciple long-term?]

39 And Jesus said, "For judgment I have come into this world, that those who do not see may see, and that those who see may be made blind." [Barnes' New Testament Notes: This is always the effect of truth. Where it does not soften it hardens the heart; where it does not convert, it sinks into deeper blindness and condemnation.]

41 Jesus said to them, "If you were blind, you would have no sin [If I admit that I cannot see on my own then I can be forgiven]; **but now you say, 'We see.' Therefore your sin remains.** [They claimed to know the truth, but rejected the Light, and that kept them in the darkness of their sin]

Geneva Study Bible: Christ enlightens all those by the preaching of the Gospel who acknowledge their own darkness, but those who seem to themselves to see clearly enough, those he altogether blinds

Apply (What is the point?)

1. **Lori Drake: The Pharisees _____ a really good day for a man who used to be blind!**
2. Salvation is _____ a process and an instantaneous act
3. Religious arrogance can cause us to miss heaven
4. The Bible never gets _____

Personalize (What do I do with that?)

1. Don't rain on God's parade
2. Don't rush salvation—give people time to 'get' it
3. Constantly reevaluate what I believe and rely on the Scripture
4. Continue to study things after the _____ is over

Last question: **What was the blind man's name?** We can reread this story trying to find the man's name and we will be amazed at the lengths that John goes to in order to _____ his name.

The Miracles of Jesus: Healing a Demon-Possessed Man

Preview: In the Name of Jesus (Mark 5:1-20, Luke 8:26-39, Matthew 8:28-34)

The area of our miracle today is northeast Galilee. The story follows Jesus' working in northern Galilee, after speaking many parables, doing miracles, and sending the multitudes away. From the time of leaving northern Galilee, a spiritual battle ensues.

Read & Explain (What does it mean?): Mark 5:1-20 (Author = Mark)

1 Then they came to the other side of the sea, to the country of the Gadarenes. **2** And when He had come out of the boat, immediately there met Him out of the tombs a man with an unclean spirit, **3** who had *his* dwelling among the tombs; and no one could bind him, not even with chains, **4** because he had often been bound with shackles and chains. And the chains had been pulled apart by him, and the shackles broken in pieces; neither could anyone tame him. **5** And always, night and day, he was in the mountains and in the tombs, crying out and cutting himself with stones.

The demoniac was ready and immediately jumps into the fray.

6 When he saw Jesus from afar, he ran and worshiped Him. **7** And he cried out with a loud voice and said, "What have I to do with You, Jesus, Son of the Most High God? I implore You by God that You do not torment me."

8 For He said to him, "Come out of the man, unclean spirit!"

Timeline:

- The _____ run
- The _____ command
- The _____ feint
- The _____ counter-attack
- The _____ surrender
- The _____ plea

9 Then He asked him, "What *is* your name?" And he answered, saying, "My name *is* Legion; for we are many."

- The _____ rebellion

10 Also he begged Him earnestly that He would not send them out of the country.

11 Now a large herd of swine was feeding there near the mountains. **12** So all the demons begged Him, saying, "Send us to the swine, that we may enter them." **13** And at once Jesus gave them

permission. Then the unclean spirits went out and entered the swine (there were about two thousand); and the herd ran violently down the steep place into the sea, and drowned in the sea.

- The _____ alternative

Three of many glimpses of Jesus:

1. Jesus is _____ - _____
2. Jesus is _____
3. Jesus is _____

2 Peter 3:9d-e: He is **not willing that any should perish but that all should come to repentance.**

14 So those who fed the swine fled, and they told it in the city and in the country. And they went out to see what it was that had happened. 15 Then they came to Jesus, and saw the one who had been demon-possessed and had the legion, sitting and clothed and in his right mind. And they were afraid [to put to flight by terrifying]. 16 And those who saw it told them how it happened to him who had been demon-possessed, and about the swine. 17 Then they began to plead with Him to depart from their region. [These people felt conviction and rather than yield and do something about it, they asked the conviction (Jesus) to leave.]

18 And when He got into the boat, he who had been demon-possessed begged Him that he might be with Him. 19 However, Jesus did not permit him, but said to him, "Go home to your friends, and tell them what great things the Lord has done for you, and how He has had compassion on you." 20 And he departed and began to proclaim in Decapolis all that Jesus had done for him; and all marveled.

Mark 16:15: **And He said to them, "Go into all the world and preach the gospel to every creature."**

Jesus' message was, "Go and tell!" What did the man do? He obeyed. He went. He told. Moreover, what happened? People responded (**Mark 5:20**).

Apply (What is the point?)

1. God did not call us to be _____
2. There is no one out of the reach of Jesus
3. Jesus still saves the living from among the dead

Personalize (What do I do with that?)

1. Everyone has a comfort zone: _____ of it!
2. Everyone has a similar story: _____ it!
3. Where do you see a need today: _____ it!

The Miracles of Jesus: Raising Lazarus from the Dead

Review

This is the last lesson in a series of lessons on the miracles of Jesus. There is a progressively more powerful display of Jesus' supernatural power occurring here that He uses to teach us:

- In feeding the 5,000, Jesus shows His supernatural power to meet our _____ needs
- In walking on water, Jesus shows His supernatural power over _____ laws
- In healing a blind man, Jesus shows His supernatural power to _____
- In healing a demon-possessed man, Jesus shows His supernatural power over _____
- In raising Lazarus from the dead, Jesus shows His supernatural power over _____

Read & Explain (What does it mean?): John 11 (Author = John)

1 Lazarus [this is not the same Lazarus that appeared in the story of the rich man and Lazarus]

4 "This sickness is not unto death, but for the glory of God, that the Son of God may be glorified through it." [Your sickness can be for God's glory.]

6 So, when He heard that he was sick, He stayed two more days in the place where He was [Why is Jesus sitting?]

17 So when Jesus came, He found that he had already been in the tomb four days. [Why four days? David Guzik: Jesus did this in light of the Jewish superstition of that day that said a soul stays near the grave for three days, hoping to return to the body. Therefore, it was accepted that after four days there was absolutely no hope of resuscitation.]

32 "Lord, if You had been here, my brother would not have died." [It appears the sisters have been talking with each other about Jesus because they both make the same statement]

33 Therefore, when Jesus saw her weeping [_____ mourning—visible and passionate mourning for the dead], **and the Jews who came with her weeping, He groaned** [literally, _____ in anger] **in the spirit and was troubled** [agitated, irritated]. **34 And He said, “Where have you laid him?” They said to Him, “Lord, come and see.”**

35 Jesus wept [shed tears—_____ and under control]

46 But some of them went away [do not get discouraged when we tell the story of what God has done in our life and some do not believe]

57 Now both the chief priests and the Pharisees had given a command, that if anyone knew where He was, he should report it, that they might seize Him. [This might appear to be a strange place to stop today, but this postscript illustrates that Jesus’ miracles did not win Him friends in high places]

Lazarus’ resurrection did not win him many friends either—later on in **John 12**, we read that Lazarus was the target of the Jewish leaders and a plot was hatched to _____ Lazarus as well because too many people believed in Jesus.

Apply (What is the point?)

1. Jesus got personally involved
2. _____ can cause strong emotions
3. _____ is not the end of the story

Personalize (What do I do with that?)

1. Get involved
2. Love _____
3. Tell _____ story